



HEB MARTIAL ARTS

MASTER HAN'S ACADEMY www.MasterHans.com
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AEROBIC BURNER	AEROBIC BURNER	FORMS	FORMS	SPARRING	COMBINATION
12:00 – 1:00 ADULTS All belts	KEEP UP WITH EVENTS & THE CALENDAR www.masterhans.com	12:00 – 1:00 ADULTS All belts	KEEP UP WITH EVENTS & THE CALENDAR www.masterhans.com		9:30 – 10:30 ADULTS All Belts
4:00 - 5:00 CHILDREN White Thru 2 nd Yellow	4:00 - 5:00 CHILDREN Green Thru Black	4:00 - 5:00 CHILDREN White Thru 2 nd Yellow	4:00 - 5:00 CHILDREN Green Thru Black	4:00 - 5:00 CHILDREN White Belts Only	10:45 - 11:45 CHILDREN All Belts
5:15 – 6:15 CHILDREN Green Thru Black	5:15 – 6:15 CHILDREN White Thru 2nd Yellow	5:15 – 6:15 CHILDREN Green Thru Black	5:15 – 6:15 CHILDREN White Thru 2nd Yellow	5:00 – 6:15 CHILDREN SPARRING All Belts	12:00 – 1:00 NEW STUDENT ORIENTATION START UP CLASS
6:30 – 7:30 ADULTS All Belts	6:30 – 7:30 ADULTS All Belts	6:30 – 7:30 ADULTS All Belts	6:30 – 7:30 BROWN & BLACK BELT ADVANCED CLASS (GRAPE- VINE)	6:30 – 7:30 ADULTS White thru 2 nd Red	6:30 – 7:30 ADULT SPARRING All Belts



***Other PRIVATE LESSON times available by appointment only

Private Lessons with Master Christy
\$60.00 One Hour / \$ 30.00 Half Hour



**CHILDREN CAN ONLY BE DROPPED OFF 10 MINUTES BEFORE CLASS

MUST BE PICKED UP NO MORE THAN 10 MINUTES AFTER CLASS

****STUDENTS & SIBLINGS NOT WORKING OUT MUST REMAIN IN THE
OBSERVATION WAITING AREA OR STUDY ROOM DURING WORKOUT**